



Maintenance Guide

To enjoy and maintain the longevity of your new Great Lengths hair extensions, it is essential that you are aware of and follow these maintenance guidelines.

GENERAL

- Do not wet your hair **for 48 hours** after your Great Lengths service.
- Do not use oxidative colour or perform any **chemical/bond treatments** to your Great Lengths
- Expect to see small quantities of naturally released hair trapped in the bonds after some time. This is normal and should not be interpreted as hair loss from traction.
- Plan a **check up** with your salon two weeks after your extension application to ensure the bonds are settling well.
- If you experience bond slippage or any discomfort, contact your Great Lengths salon to determine the cause and remedy the situation.

DAILY CARE

- Brush your hair three times a day with the **Great Lengths brush**. Do not use hard bristle brushes.
- To brush: Separate tangles with your fingers. Brush in sections, starting at the section closest to the nape of your neck and work section by section. Bristles should touch the scalp and bend over the bonds.
- **Brush and plait** your hair prior to bed. Do not go to bed with wet hair.
- Always use recommended products on your Great Lengths hair (see list of tested and approved products below).
- When using conditioners, detanglers and masks apply only from **mid-lengths to end**, avoiding the scalp/bond area.

- After showering, apply the Great Lengths **Anti-Tap Water** to prevent tangles and soften the ends.
- Use only **med to low** setting on your blow dryer.
- Keep hot tools a min **3-4 cm away** from the bonds.

SWIMMING

- Activities that result in a constant, damp environment, especially swimming in sea water and chlorine, may lessen the longevity of your Great Lengths hair extensions.
- Prior to swimming, **wet the hair** completely to prevent chlorine and salt water sticking to your hair.
- Immediately after swimming, apply the Great Lengths **Anti-Tap Water** remedy to eliminate damage from alkalinity in water and dry the base area as prescribed above.

RECOMMENDED PRODUCTS

- The following products have been tested and approved by Great Lengths for maintaining the lifespan of your extensions. Using unapproved products may result in bonds slipping or degradation of the bond.
- Great Lengths Anti-Tap Water: softening and detangling pH balancer.
- La Biosthetique select shampoos: Essentiel Shampoo, Long Hair range shampoos, Shine Restoring Shampoo
- La Biosthetique Conditioners/Masks: Shine Restoring Conditioners, Essentiel Conditioner, Long Hair Repair Mask
- Leave In Treatments: Protective Conditioning Fluid, Shine Restoring Conditioning Fluid.
- Visit www.labiosthetique.com.au to find the recommended products that suit you.



Application Checklist

PREPARATION

- **Cut your bonds** : Thermal ½ off, Ultrasonic ¾ off
- **Wash** your bonds & air dry on a towel or hair holder
- **Shampoo** client's hair with purifying shampoo 3 times, rinse cool
- **Blow dry** hair completely, no hot tools
- Soften baseline if needed
- **Preheat** your machine for 15 minutes
- **Set your trolley** - GL shield, duck clips, tail comb, machine, hair on holder
- **Go over your consultation sheet** for the client and familiarise yourself with their application

HAIR PLAN

- Section hair in **5 sections** and determine the amount of rows you will create and which type of bonds you will use in what areas
- Leave **2cm distance from hairline**
- Leave **1cm between each row**
- Start at back bottom row, left to right
- Once back complete, move to sides, from the bottom row up
- **Alternating colours** base, highlight, base, lowlight, and so on.

APPLICATION

- Use a **tail comb** with your **duck clips** and **hair shield**.
- Make sure the **density** of the extensions matches the density of the hair collected
- Make sure the collected hair is a **U shape** and sits through the shield at a **natural fall pattern** (base should be 6mm x 7mm).
- Align the **top white line** of the shield with the partline and apply the bond on the second, **lower white line**.

THERMAL ROUND BONDS

- **Press the tongs at 90 degrees** with respect to the hair until warm and hair spreads (3 seconds)
- **Fold in** left side, then right side **OVER** the hair, pinch firmly
- **Press tongs at 45 degree** angle until the bond is soft enough to shape (3 seconds)
- **Roll firmly** from above the bond down
- Make sure the final product looks like a bead, tapered in at both top and bottom
- **Clean** your tongs

ULTRASONIC FLAT OR ROUND BONDS

- **Press the tongs at 90 degrees** with respect to the hair until warm and hair spreads
- **Fold in** left side, then right side **OVER** the hair, pinch firmly
- **Press tongs at 90 degree** angle until the bond is soft enough to shape
- **Fold in** right side, then left side **UNDER** the hair
- To finish, tap, tap, press for flat bonds OR
- Tap, tap, press until soft and roll downward

MAINTENANCE

- Client **cannot wet hair for 48 hours** after application
- Brush **three times a day**
- Tie up/plait **each night**
- Use **extensions safe retail care** from LA BIOTHETIQUE and GREAT LENGTHS